

Questions for governors to ask school leaders about mental health and wellbeing provision.

Please note this list is not exhaustive, but are suggestions to help provide an understanding of what the provision for pupil mental health and wellbeing is like in school.

What provision is there for pupils with mental health and wellbeing needs?

- How are these children identified?
- Who monitors and reports on the provision for these children?
- How is this provision and the outcomes reported to governors?

What is the process for when a member of staff has concerns about the mental health and wellbeing of a pupil?

- What support is available for pupils who have been identified as needing additional mental health and wellbeing provision?
- Who oversees this?
- How do we ensure concerns are addressed and followed up appropriately?
- Are there any links with external agencies involved? E.g. some schools are able to access some form of counselling services
- If external agencies are involved, how responsive are they?
- Has additional training been provided to staff to support this?
- If training has been provided for staff to help support in this process, who was the training provider and how do we know this training is sufficient?

How is learning about mental health and wellbeing incorporated into the curriculum?

- How do we know this is meeting the needs of the pupils?
- Who oversees this?
- Is this consistent with the ethos of pupil wellbeing we are trying to create?

How are all members of the school community being encouraged to create an environment that is open, supportive and removes the stigma that can occur around discussing mental health and wellbeing?

How is the attendance for pupils with mental health and wellbeing needs?

- How is this being monitored and reported?
- What support has been put in place for those pupils in this group whose attendance is not improving?

How is the performance data for pupils with mental health and wellbeing needs?

- How is this being monitored and reported?
- What support has been put in place for those pupils in this group who need additional support?

Are the school policies consistent with the ethos of pupil wellbeing we are trying to create?

- Does the school have a mental health and wellbeing policy?
- Have the school policies been reviewed to ensure any changes made to support pupil mental health and wellbeing are reflected in the document or appendices?

Have any particular budgetary allocations been made in relation to pupil mental health and wellbeing, e.g. resources, training, external support

- How is the governing board keep informed of this?
- How will we know the things this money was spent on has been effective?

How will the board receive information about pupil mental health and wellbeing provision and impact going forwards?

- Which members of staff will be the most appropriate to communicate with over this?
- Would it be appropriate for the board receive updates as part of the headteacher's report?

How do you engage with parents about their children's mental health and wellbeing?

- Do parents know who to speak to if they are worried?
- Does the mental health and wellbeing provision include any home activities?
- Have parents been involved in developing the ethos of pupil wellbeing we are trying to create?