

# WELLBEING GOVERNORS

GOVERNORS FOR SCHOOLS

## Pupil wellbeing resources.

Use this overview of resources from Governors for Schools to support your school's mental health and wellbeing provision.

[Link governor for wellbeing – role description](#)

A full description of the link governor for wellbeing's role and responsibilities

[Self-review activity – Pupil wellbeing post-Covid-19 lockdown](#)

This interactive PDF allows governors to assess their school's response to pupil wellbeing in the post-Covid-19 period.

### Questions for wellbeing governors

[Questions to ask around the return to school post Covid-19 lockdown](#)

[Questions to ask about mental health and wellbeing provision more generally](#)

[Questions for school governors to consider when developing and maintaining a mentally healthy school \(with Place2Be\)](#)

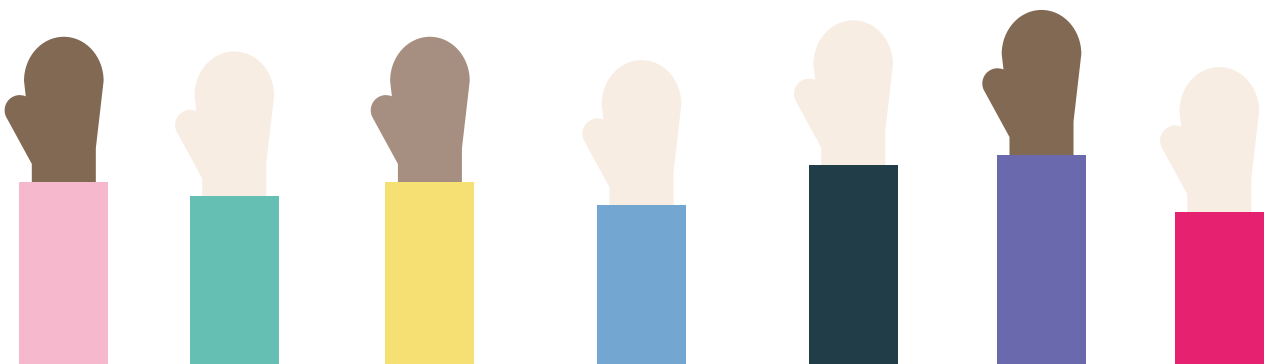
### Blogs

[What do wellbeing governors do and what experience do you need?](#)

[How will the return to school affect children and young people's mental health – and how can governors support this?](#)

[How can governors help protect LGBT pupils' mental health and wellbeing?](#)  
Guest blog from Stonewall

[Why do schools need a wellbeing governor – and how can you become one?](#)





## Video interviews with experts

### **Sidonie Bertrand-Shelton, Education & Youth Lead at Stonewall**

Sidonie talks about creating inclusive schools that look after all pupil's mental health and wellbeing, and the role governors play.

[Watch the video](#)

### **Hope Virgo, author, campaigner, and activist**

Hope talks about the effects of coronavirus on children's mental health, the mental health crisis we're seeing in young people more generally, and what governors can do about it.

[Watch the video](#)

### **Kingmoor Nursery and Infant School, Carlisle**

Nicky Corfield, Headteacher, and Nikki Hall, Youth Mental Health Champion at Kingmoor Nursery and Infant School, Carlisle, talk about Kingmoor's approach to mental health and wellbeing and how they became the first school in Cumbria to be awarded The AcSeed Award.

[Watch the video](#)

## Wellbeing webinar recordings

### **Supporting pupil wellbeing from a strategic position**

Watch the webinar

[Read the summary](#)

### **Pupil wellbeing: a panel discussion on the return to school post lockdown**

[Watch the webinar](#)

### **Balancing support with challenge during Covid-19 (with Better Governor)**

[Watch the webinar](#)

