



WELLBEING GOVERNORS

GOVERNORS **FOR** SCHOOLS

Staff wellbeing resources.

Use this overview of resources to support your school's mental health and wellbeing provision for staff.

[Link governor for wellbeing – role description](#)

A full description of the link governor for wellbeing's role and responsibilities

Articles

[What is staff mental health and wellbeing in a school setting?](#)

[Why should governors care about staff mental health and wellbeing?](#)

[Designing a staff wellbeing strategy](#)

[School leadership and governors: improving staff wellbeing together](#)

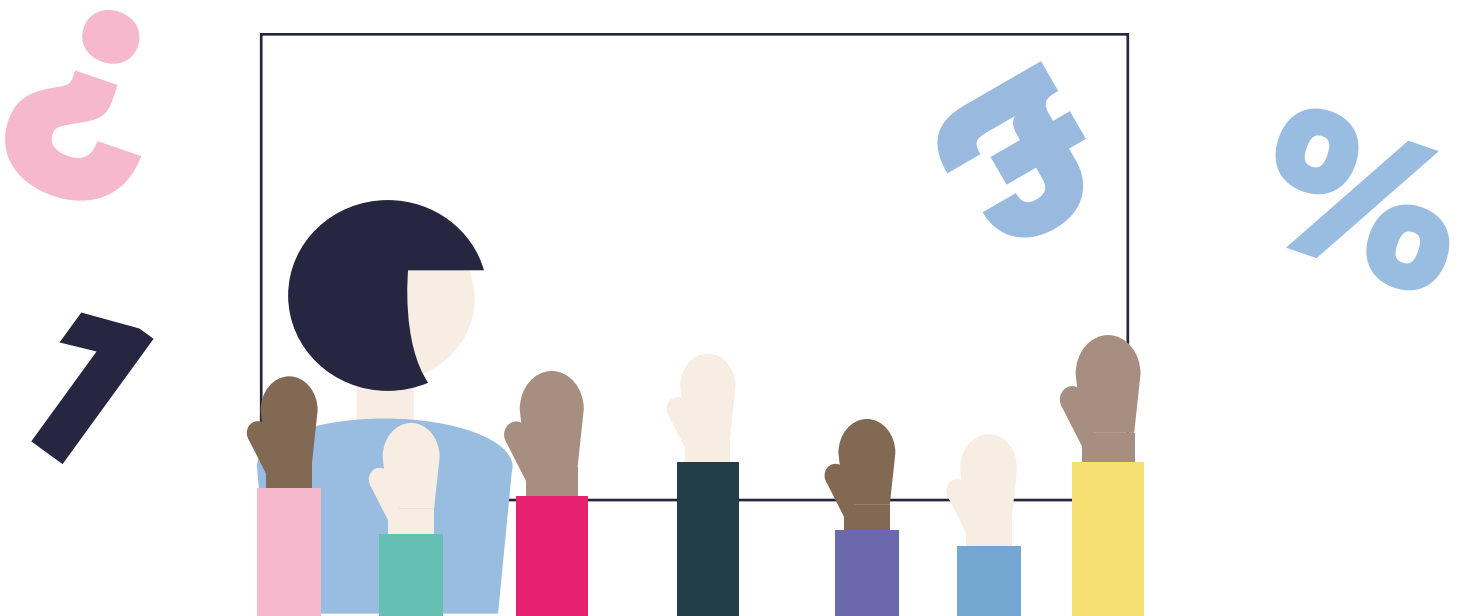
[Practical changes to improve staff wellbeing](#)

[Measuring Wellbeing: Mental Health Audits and Surveys](#)

[Embedding staff mental health and wellbeing in your school's culture](#)

[Minimising the effects of traumatic incidents on school staff](#)

[Staff wellbeing and parental engagement](#)



Questions for governors

[Questions for governors to introduce the topic of staff wellbeing and mental health](#)

Example survey

[Example staff wellbeing survey – editable PDF](#)

[Example staff wellbeing survey – Excel sheet](#)

Wellbeing webinars

[How and why school governors should support staff mental health and wellbeing](#)

[Read the webinar summary](#)

[How can governors integrate staff and pupil wellbeing and embed this approach in school culture?](#)

[Read the slides](#)

