



School Wellbeing Survey for Parents/Carers

" This questionnaire has been designed in partnership with Governors for Schools to help you gain more understanding about parental/carer views towards the school's wellbeing and mental health environment, policies and culture.

Created by Governors for Schools in partnership with BounceTogether



Categories

Communication

Culture

Relationships

Environment

Values

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School wellbeing survey

Hello, could you please take a few minutes to answer the following questions so we can understand more about what you think towards mental health and wellbeing in our school.

Your answers will be anonymous and will help us improve so please be as honest as possible.

1) On a scale of 1 to 5 where 1 = “Not at all” and 5 = “Very much” how much would you say your child/children enjoy being at this school?

1 2 3 4 5

2) Have we communicated to you, who is responsible for mental health and wellbeing at our school?

Yes No

3) Does your child/children have someone to talk to at school if they are upset about something?

Yes No

4) Who do you think your child/children would talk to if they were upset about something? (circle all that apply!)

Headteacher Friend Teacher You Relative Sibling Other

5) Do you feel that you have the opportunity to express your view of your child/children’s feelings towards school and their own wellbeing?

Yes No

6) On a scale of 1 to 5 where 1 = “Not at all” and 5 = “Very much”, how happy are you with what our school does to support your child/children’s wellbeing?

1 2 3 4 5

7) Do you know what mental health and wellbeing support is available to your child/children?

Yes No

8) On a scale of 1 to 5 where 1 = “Not at all” and 5 = “Very much”, how would you say we prioritise each of the following:

Statements	1	2	3	4	5
Academic outcomes/ grades					
Physical activity					
Wellbeing and happiness					

9) How much do you agree or disagree with the following statements:

Statements	Strongly disagree	Disagree	Neither agree/disagree	Agree	Strongly Agree
Our school provides a safe environment for my child/children to be in					
Our school is an engaging and fun environment for your child/ children to learn					

10) Next, we'd like to ask you some questions about relationships at our school. How much do you agree or disagree with the following statements:

Statements	Strongly disagree	Disagree	Neither agree/disagree	Agree	Strongly Agree
Staff at school have good relationships with parents/carers of the children					
The pupils have good relationships with each other whilst in school					
The staff have good relationships with each other whilst in school					
I have good relationships with other parents/carers					

11) On a scale of 1 to 5 where 1 = “Not at all” and 5 = “Very much” how happy are YOU with our school on the whole?

1 2 3 4 5

12) Is there anything you think we could do to improve how we support you and your child/children with their wellbeing at school?

13) Is there anything else you would like to share about how we support you and your child/children with their wellbeing at school?

😊 Thank you for completing this survey and for your honesty! 😊
