# The case for reading for pleasure in Primary School 

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Governors for Schools Conference 2023.

Limit Less
Support young people
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A longitudinal study with 3000 children in years 3,4 and 5 .

20 primary schools in England adopted a daily storytime in the spring term of 2023.

Aim:
to explore the effect of being read to every day on 7-10-year-olds and their reading for pleasure


Animerorshore eilises

## Our purpose: to make every child a proud reader

through our broad portfolio and our research programme


## Invest in research

- Barriers to children's reading for pleasure / how to break them down
- What are the enablers?


## Why is reading for pleasure so important?

## Greater impact on a child's outcomes than their parents' educational level or socio-economic group

## Academic benefits:

Reading attainment
Writing ability
Comprehension
Grammar
Spelling
Vocabulary
Maths

Emotional benefits: Reading for Pleasure
Wellbeing
Happiness
Reduces stress
Increases empathy
Resilience
Concentration
statutory requirement:
National Curriculum in England

Ofsted: seeking evidence of Reading for Pleasure

The Reading Framework 2023: focus on Reading for Pleasure

## There is a crisis in children's reading for pleasure

$\mathbf{2 5 \%}$ of children read for pleasure ${ }^{2}$ daily 8 nearly every day
days per week), down from $\mathbf{3 8 \%}$ in 2012
$\mathbf{2 1 \%}$ rarely or never read for pleasure, up from 13\% in 2012
$\mathbf{5 7 \%}$ of children don't enjoy reading in their spare time National Literacy Trust
$\mathbf{2 9 \%}$ of chil dren in England enjoy reading (international average 42\%)
The Progress in International Reading Literacy Study (PIRLS)

## Barriers and enablers

Reading seen as learning, a school subject Screen time is entertainment of choice

How to break down the barriers?

- Wide choice
- Free choice
- Reading aloud to children

Most children not read to, at all, or often enough, at home

- $46 \%$ of 5 - 7 s-year-olds
- $25 \%$ 8-10-year-olds

Only 24\% 8-10s read to daily, just for fun and relaxation, at school
$30 \%$ of teachers do not read aloud to their class

Busy curriculum, storytime not prioritised Reading for Pleasure statutory

> 20 primary schools in England
> Circa $\mathbf{3 0 0 0}$ children age $7-10$ (Years 3,4 and 5) 86 teachers
> 20 minutes of storytime daily, spring term 2023
> Children part of book selection process 200 new books No 'teaching'!

## Data gathering

Pre- and post-questionnaires: teachers
67 teachers responded at end of trial

Pre- and post-questionnaires: children 1558 children responded at end of trial

Year 4 (age 8-9) Salford Sentence Reading and Comprehension Test Reading attainment results from 724 children Reading comprehension results from 695 children

End of trial in-depth interviews with teachers at six schools

## Teachers' hopes for the trial

Develop a love of reading:
I hope certain children will stop seeing reading as a 'task' or something they 'have' Instead know they can take real pleasure from reading a book.

Foster skills like empathy, resilience, concentration or mindfulness and improve mental well-being:
I would like the children to use reading as a way to relax and improve their well-being.
Open new worlds, feed children's imagination or build cultural capital:
Increase the children's love of reading, their cultural capital, and their empathy for others.
Improve children's reading attainment:
Supporting lowest $20 \%$ to catch up and empower them to choose books that they enjoy.

## Increased enjoyment, confidence and independent reading

Children's enjoyment of being read aloud to increased [67 teachers]


Children's confidence as readers increased Children's enjoyment of reading independently [64 teachers]

[64 teachers]
increased


Farshore

## Increased concentration, amount of reading and range of books read

Children's ability to concentrate for the duration of the session increased [ 65 teachers] chose to do during the school day increased [63 teachers]



The range of books children
chose to read increased [62 teachers]


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## Focus on Year 4

## Reading attainment

All schools:
up from average/ age appropriate
to well above average

Reading age gain:
$60 \%=$ more than 2 months
$36 \%=$ more than 13 months
Average $=12$ months

## Comprehension attainment

All schools: average scores increased.
Shift towards excellence:

- $49 \%$ excellent at start
- $60 \%$ excellent at end

Considerable variances by school. Two examples:

31\% Pupil Premium/69\% EAL:

- $29 \%$ 'excellent' at start
- $61 \%$ 'excellent' at end

59\% Pupil Premium:

- $4 \%$ 'excellent' at start
- $52 \%$ 'excellent' at end

This 3-month trial was brilliant for the exposure of literature to the children. It lends itself to comprehension. Simply the fact of having a story without the pressure of having to do language work on it.

## Wellbeing

## Children:

Storytime makes me feel calm: boys $\mathbf{6 5 \%}$ / girls $\mathbf{7 6 \%}$
it calms me down before I go home
it makes me concentrate and makes me feel better when mad or sad Story time makes me fell ready for the rest of the day

## Teachers:

$91 \%$ enjoyed reading aloud
$37 \%$ felt calmer and more relaxed
I felt more relaxed entering into the afternoon too! I have giggled with them and put me in a good mood.
The sessions certainly contributed to my well-being, finishing each day calmer and with a greater sense of connection with my class.

## 77\% of children want storytime to continue

I can understand story's more and if a teacher reads / can understand but not wen I read.

It has made me like books a lot more and I feel like if we don't carry then I will go back to hate reading. Also I feel like it has made a lot of people in my class like reading.

## Teacher feedback

## Anxiety about available time. Some initial scepticism

I was a bit of a convert after the trial. When (I was told) 20 minutes a day I had my doubts. We made it happen - every day. We saw a massive a change in the culture of reading in the class.

## Signing up to study gave 'permission' to allocate the time

It enabled us - gave permission to do it - so we did it. (Before) it felt as if the curriculum came first, and then if we had five minutes (we could read aloud). I wanted more but felt guilty. Now we prioritise storytime; other things can wait.

## Critical success factors

- Daily experience

Because we were doing it constantly, they were so engaged with the story. When we've done it before you might have read it on Monday and then Friday, it was too long in between. This was every day - so they were really involved in the story.

- Children's involvement in choice

I have really enjoyed taking part in the trial and I have really learnt the importance of allowing the children to choose theirown books. So often we are told that our books must be carefully chosen and fulfilset criteria. Being allowed to let the children choose was exhilarating and demonstrated to me how important this is in developing a love of reading.

## Review

Why did it work? Pressure off, children engage
Frequency embeds the habit

Low financial cost / high impact, high returns
Challenge to make time for it

- Should storytime be mandatory? Worthy of debate
- $\mathbf{8 8 \%}$ of teachers said they thought it should be

Every child read to every day = transformative for outcomes
No child left out or left behind
$\mathbf{9 1 \%}$ of teachers plan to continue with storytime

## Thank you for listening

The White Paper and the Headline Findings Paper can be found at:
https://www.farshore.co.uk/resources-for-everyone/research-and-insights/

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## Thank you for attending

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